

**FIRST WE EAT, THEN
WE DO EVERYTHING ELSE.**



BREAKY PLATES & GREATS

SERVED UNTIL 11:30AM

- house toast** (★) (🌱) 7
 - soy & linseed - raisin
 - sourdough - turkish
 - miche sourdough - gluten free
 - white
 served w/ a side of butter (jam, vegemite or peanut butter +1)
- homemade date scones** (★) 8
 - served w/ triple berry jam & fresh cream
- fruit & nut loaf** (★) 7
 - toasted & served w/ butter
- banana bread** (★) 7
 - toasted w/ butter
 - vanilla mascarpone, crushed honeycomb & orange zest honey
- coconut spirulina bowl** (🌱) (vegan) 21
 - served w/ blueberries, blackberries, figs, dragon fruit & fresh coconut
- polenta porridge** (🌱) (vegan) 19
 - polenta infused w/ almond vanilla, maple syrup, poached rhubarb & berry compote w/ roasted pistachio & organic hemp seeds
- frankie's french toast** (🌱) 15
 - topped w/ caramelised banana, butterscotch sauce & double cream
- savoury muffin** (★) (🌱) 9
 - spinach, pumpkin, rosemary feta, spanish onion & mozzarella
- avocado & feta smash** (★) (🌱) 18
 - fresh avocado, rosemary feta, poached free range eggs & pickled onions on sourdough toast (bacon +4 | salmon +7)
- eggs benedict** (★) 16
 - poached free range eggs, baby spinach & hollandaise on sourdough toast (bacon +4 | salmon +7)
- chorizo hot pot** (🌱) (★) 21
 - w/ free range eggs, spinach, shallots, onion & tomato, served w/ sourdough toast (add rosemary feta +4)
- superfood green bowl** (🌱) (🌱) 19
 - zucchini, avocado, asparagus, broccolini, cucumber, edamame, green beans, brown rice & quinoa w/ pesto & 2 poached free range eggs (add halloumi +4)
- veggo breakfast** (🌱) 18
 - 2 poached free range eggs, asparagus, rosemary feta, avocado & semi-dried tomato w/ sourdough toast (add hummus & falafel +7)
- big breakfast** 26
 - 2 fried free range eggs, bacon, mushrooms, sausage, halloumi, roasted tomato, spinach, hash browns & sourdough toast

ADD YOUR EXTRAS

egg	3	halloumi	4
hash brown	2	bacon	4
grilled tomato	2	chorizo	5
semi-dried tomato	2	pork belly	5
mushrooms	3	smoked salmon	7
baby spinach	3	avocado	4
hollandaise sauce	3	rosemary feta	4



AVAILABLE ALL DAY



REQUEST GLUTEN FREE OPTION



VEGETARIAN DISH

All care is taken, however trace amounts of ingredients may be present. If you suffer from a food allergy or intolerance please let us know upon placing your order.

Fish may contain small bones.

PLEASE NOTE: A 10% SURCHARGE APPLIES ON SUNDAYS & PUBLIC HOLIDAYS.

BREAKY BRUSCHETTA

SERVED UNTIL 11:30AM

- fruit & ricotta bruschetta** (★) (🌱) 16
 - sourdough toast w/ fresh strawberries, blueberries, ricotta, toasted hazelnuts & pomegranate drizzled w/ honey
- black fig bruschetta** (★) (🌱) 17
 - fruit & nut toast w/ mascarpone cream cheese, caramelised fig, blackberries & walnuts
- brunch bruschetta** (★) (🌱) 16
 - sourdough toast w/ zaatar, avocado, heirloom tomatoes, chilli labneh, pomegranate, flaked almonds, fresh mint & extra virgin olive oil (add a poached free range egg +3)
- burrata bruschetta** (🌱) 16
 - miche sourdough toast w/ truffled burrata, scrambled free range eggs, avocado, sea salt & chives
- pesto bruschetta** (★) (🌱) 15
 - sourdough toast w/ heirloom tomato salsa, avocado, rosemary feta, poached free range eggs, pesto & balsamic glaze
- chickpea bruschetta** (★) 16
 - soy & linseed toast w/ avocado, hummus, spicy 'nduja salame, rosemary feta, roasted chickpeas, pickled onions & poached free range egg
- reuben "hurricane"** (★) 19
 - miche sourdough toast w/ corn beef, white slaw, spanish onion, pickles, honey mustard, red cheddar & mixed salad served w/ fries

Pancakes

SERVED UNTIL 11:30AM

- sourdough pancakes** (★) (🌱) 19
 - w/ a berry compote, cream, yoghurt, crushed pistachios & rice malt syrup
- triple stack pancakes** (★) (🌱) 17
 - w/ maple syrup, cream & fresh fruit
- double stack banana pancakes** (🌱) 17
 - caramelised bananas w/ butterscotch & white chocolate sauce, served w/ vanilla gelato & peanut brittle flakes
- peanut butter & jelly pancakes** (🌱) 19
 - triple stack pancakes w/ peanut butter cream, crisp malts, roasted almonds, jelly & fresh berries served w/ a peanut sesame tuile
 - *contains traces of tree nuts
- mixed berry cream cheese crepes** (🌱) 14
 - w/ mascarpone cream cheese & a mixed berry compote

BREAKY BURGERS

SERVED UNTIL 11:30AM

- frank 'n egg muffin** 15
 - sausage, fried free range egg, melted cheese, hash brown & pickled mayo on an english muffin
- bacon & egg burger** (★) 16
 - bacon, fried free range egg, melted cheese, bbq sauce served w/ hash browns
- breakfast burger** 19
 - w/ pork belly, fried free range egg, red onion, melted cheese, coriander & chilli mayo served w/ hash browns

FRANKIE'S IS
pet friendly

Hooray! Frankie's is pet friendly.

We welcome all furry friends to the cafe, but remember, we are child-friendly and the cheekier pets may need a leash.

ASK OUR STAFF FOR FREE DUCK FEED OR DOG FOOD

starters 'n sides

SERVED FROM 11:30AM

garlic ciabatta 🍷	11
oven-baked ciabatta w/ garlic butter	
cheesy loaded fries ★	11
w/ bacon, onion, melted cheddar & aioli	
frankie's fries ★ 🍷	8
w/ your choice of harissa mayo or tomato sauce	
sweet potato fries & feta ★ 🍷	12
sweet potato fries sprinkled w/ rosemary feta & sumac	
camembert melts 🍷	15
fried camembert w/ cranberry dipping sauce	
croquettes	15
ask our friendly staff for today's filling	
mozzarella hot pot	16
gratinated fior di latte mozzarella, spicy 'nduja salame & chorizo, served w/ crispy Lebanese bread & zaatar	
classic nachos	18
w/ homemade chilli con carne, jalapeños, melted cheese, sour cream, guacamole, tomato salsa & shallots	
prawn taco	16
tempura prawns, red cabbage, onion & shallots w/ lime chilli mayo	
calamari fritti	17
calamari w/ zucchini fries, served w/ aioli, shallots & fresh chilli	
prawn chipsu	19
tempura prawns in harissa mayo w/ chives	

BAGELS

SERVED ALL DAY

smoked salmon bagel	17
w/ cream cheese, onion, crispy capers & dill	
chicken bagel	17
w/ chicken, mozzarella, avocado & red onion	
raspberry bagel 🍷	16
w/ mascarpone cream cheese, pomegranate & raspberries	
peanut banana bagel 🍷	16
w/ peanut almond cream, bananas, honey & sesame	



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BURGERS & CO.

SERVED FROM 11:30AM

pulled pork sliders (3)	19
slow cooked bbq pork w/ homemade slaw, served w/ fries	
frankie's cheeseburger (single or double patty)	21 / 27
wagyu beef burger w/ melted cheese, pickles, onion, tomato sauce & american mustard, served w/ fries (add bacon +3)	
chicken burger	22
crispy chicken fillet w/ tomato, butter lettuce, cheese, red onion, fries & harissa mayo, served w/ fries (add bacon +3)	
snapper burger	25
tempura snapper, fennel slaw, watercress & tartare sauce, served w/ fries (note: snapper may contain small bones)	
did you say steak...sangawich? 🍷	22
eye fillet, american cheddar, bbq caramelised onion, tomato, lettuce & beetroot relish w/ pickled mustard mayo served w/ fries	
chicken wrappy	19
frankie's special marinated chicken w/ melted cheese, onion, avocado, lettuce, tomato & chilli mayo, served w/ fries	
falafel wrap 🍷	19
w/ pickles, tomato, red onion, pickled turnips, pickled green chilli & tahini, served w/ fries	
shawarma wrap	19
garlic marinated beef w/ caramelised onion, cheese, tomato, lettuce & tahini chilli sauce, served w/ fries	

SALADS

SERVED FROM 11:30AM

beetroot berry salad 🍷 🍷	19
peppery rocket, roasted beetroot, halloumi, pickled onion, roasted almonds & dehydrated raspberries, w/ a raspberry dressing (add chicken +7)	
keto orange & salmon salad 🍷	23
grilled atlantic salmon, fennel, red onion, orange slices, parsley, mint, pomegranate & roasted almonds w/ a greek yoghurt & dill dressing	
chicken salad 🍷	21
marinated chicken, sunflower seeds, spanish onions, pea sprouts, pickled turnips, rosemary feta, roasted almonds, grilled carrots, quinoa & linseeds	
halloumi quinoa salad 🍷 🍷	19
halloumi, quinoa, spanish onion, roasted cauliflower, spinach, avocado, brown rice & sunflower seeds (add chicken +7)	
hoke poke bowl 🍷	25
fresh cured salmon, wasabi peas, edamame, coriander, cabbage, pickled carrot, avocado, wakame, charred spring onion, black & white sesame served w/ brown rice & a mint ponzu dressing	

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SEAFOOD

SERVED FROM 11:30AM

- frankie's fish** 28
lightly fried flathead fillet served w/ a parsley, mint, caper, dill & raddish salad, fries & tartare sauce
- atlantic salmon** 28
grilled, herb crusted atlantic salmon served w/ a chickpea & avocado salsa & coconut rice
- fisherman's treat (3ppl)** 89
lightly fried flathead fillet, herb crusted salmon, prawn chipsu, & prawn skewers served w/ fries, mixed leaf & tartare sauce

protein & more

SERVED FROM 11:30AM

- schnitz 'n chips** 22
crumbed chicken served w/ fries & mushroom sauce
- baby back ribs** 28
american style pork ribs basted w/ smokey bbq sauce, served w/ fries
- lamb shank** 29
24 hour slow cooked w/ red wine jus served w/ mashed potato

SKEWERS

SERVED FROM 11:30AM

- bbq lamb skewers** 28
w/ capsicum & onion, served w/ hummus, flat bread & fries
- chicken rib skewers** 25
chicken ribs, served w/ fries, flat bread & garlic dip
- prawn skewers** 29
lightly marinated grilled prawns, served w/ fries & frankie's special sauce



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PASTA & RISOTTO

SERVED FROM 11:30AM

- pachino pasta** 20
spaghetti w/ extra virgin olive oil, heirloom tomatoes, basil, garlic & chilli (gluten free +2 | add prawns +7)
- pappardelle ragu** 22
slow cooked lamb ragu w/ napoletana sauce (gluten free +2)
- black squid ink pasta** 24
prawns, vongole, spicy 'nduja salame & confit cherry tomatoes, w/ black squid ink pasta
- frankie's fresh pasta** 24
fettuccine w/ prawns, basil, garlic, mushrooms & chilli in a white sauce (gluten free +2)
- pappardelle crab** 24
pappardelle w/ fresh blue swimmer crab meat in a lemon butter & white wine sauce w/ chives (gluten free +2)
- mushroom & leek risotto** 20
mushroom, leek, truffe, onions & parmesan w/ a touch of cream & crispy parsley

KIDS MEALS

SERVED ALL DAY

- fresh fruit plate** 13
w/ seasonal fruit & yoghurt
- pancake sliders** 11
mini pancakes w/ fresh strawberries, banana & nutella (add vanilla gelato +2)
- rainbow challah** 12
mascarpone cream cheese, sprinkles & persian cotton candy
- scrambled eggs** 8
served w/ toast & tomato sauce (add bacon +4)
- cheetos cheese sticks** 12
fried cheese sticks, coated in cheetos crumbs
- grilled cheesy** 10
melted cheese toastie, served w/ hash browns
- mac 'n cheese** 11
macaroni w/ cream, mozzarella & parmesan
- schnitzel strips** 13
crumbed chicken breast served w/ fries & tomato sauce
- fish 'n chips** 13
battered flathead fillet served w/ fries & tomato sauce
- mini cheeseburger** 11
served w/ fries & tomato sauce
- nuggets 'n chips** 13
chicken nuggets served w/ fries & tomato sauce
- ribs 'n chips** 14
american style bbq pork ribs served w/ fries & bbq sauce
- kids vanilla soft serve gelato (cup or cone)** 4
- add toppings** 0.5
flake, mnm's, gummy bears, 100s & 1000s, oreos, coconut, marshmallows

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DESSERT

ALL DAY

donut fries donut fries, served w/ belgian chocolate dipping sauce	14
fried monaco bar served w/ caramel sauce	14
fried oreo stacks tempura oreos dusted w/ icing sugar & served w/ vanilla gelato	14
salted caramel pretzel filled w/ salted caramel served w/ vanilla gelato & white chocolate sauce	14
apple & cranberry crumble baked strudel crust, apples, cranberries, cafe vanilla ice cream served w/ a creamy butterscotch sauce	14
caramel brownie sundae vanilla gelato w/ chocolate brownie, peanuts & salted caramel popcorn	15
cookie dough sundae vanilla gelato w/ marshmallows, pretzels, cookie crumb, reeces peanut butter cups, popcorn, cookie dough & caramel sauce	15
cookies 'n cream churros cookies & cream churros made w/ oreo cookies & filled w/ oreo icing cream, topped w/ a sugar crumb, served w/ white chocolate dipping sauce	16
willie's waffle a warm belgian waffle served w/ bananas, strawberries & blueberries, w/ belgian chocolate sauce & vanilla gelato	16
dessert burger & fries hand rolled churro pastry buns filled w/ pistachio, persian cotton candy, fresh strawberries, nutella & lolly snakes, served w/ donut fries	17

CHECK OUR CAKES AND PASTRIES IN THE DISPLAY AT THE FRONT

Gluten Free and Vegan items available!

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SOMETHING HOT

espresso	4	belgian hot chocolate	5 / 6
macchiato	4	served w/ marshmallows	
piccolo	4	nutella hot chocolate	6
latte	4 / 5	served w/ whipped cream & marshmallows	
flat white	4 / 5	flamingo hot chocolate	6
cappuccino	4 / 5	served w/ whipped cream, marshmallows & sprinkles	
long black	4 / 5	loaded hot chocolate	9
mocha	4 / 5	
chai latte	4 / 5	EXTRAS	
tumeric chai latte	5 / 6	decaf	1
organic coconut spirulina latte	5 / 6	soy milk	1
activated chai charcoal latte	5 / 6	almond milk	1
cardamom chai latte	5 / 6	extra shot	1
organic tea	4.5	flavoured syrups	1
earl grey		vanilla / caramel / hazelnut	
camomile			
english breakfast			
peppermint leaf			
green			

SOMETHING COLD

milkshakes	5 / 6	fresh lemonade	7
chocolate		served w/ fresh mint	
strawberry		rose vanilla lemonade	7
caramel		fresh coconut water	8
vanilla		whole fresh coconut	
banana		organic kombucha	7
nutella		soft drinks	5
coffee		coke	
peanut butter caramel		coke no sugar	
(add malt + 1 make thickshake +3)		diet coke	
loaded milkshakes	15	sprite	
vanilla oreo smash		lift	
nuts 4 nutella		fanta	
salted caramel craze		lemon, lime & bitters	
peanut butter honeycomb		ginger beer	
kids loaded milkshakes	10	iced tea	6
cheeky chocolate		peach / lemon	
strawberry surprise		sparkling juice	5
vanilla slice		appletiser / grapetiser	
crazy caramel		still/sparkling water	
iced drinks	8	apani premium australian 250ml	5
coffee / chocolate / mocha		apani premium australian 500ml	7
fruit smoothies	8	kids apple/orange juice	3.5
mixed berry			
banana			
mango			
strawberry			
spiders	8		
your choice of soft drink served w/ vanilla gelato			
slushies	7		
watermelon & lyche / lemon & mint (add vodka +6)			

freshly squeezed juice

MADE FRESH DAILY



green machine

kale, pear, cucumber, ginger & lemon

8



those melons

watermelon, rockmelon, strawberry, mint & green apple

8



pink lady

watermelon, rhubarb, pink lady apple, pear & lime

8



carrot ginger

carrot, apple & ginger

8



passion

coconut water, banana, mango, orange & passionfruit

8



orange

fresh orange juice

8



just fruits

orange, pineapple, watermelon & lime

8



immune booster

orange, apple, lemon & ginger

8



pineapple

fresh pineapple juice

8

alcoholic drinks

cider

sommersby apple

8

beer

asahi dry

9

cricketers arm pale ale

9

peroni

9

sparkling & champagne

craig moor sparkling rosé nv 200ml

8

la gioiosa prosecco

8 / 29

wines (glass/bottle)

2016 Fantini Series Italy Pinot Grigio

9 / 34

2015 Lawson's Dry Hills Marlborough NZ Sav Blanc

12 / 47

2015 Farnese Italy Rosé

8 / 27

2016 Star Bay SA Pinot Noir

8 / 25

2015 Silver Barossa Shiraz

11 / 40

cocktails

espresso martini

15

coffee lovers this one's for you. when you need a pick me up w/ a little extra. vodka, kahlua & espresso

blue goose

15

this fruity colourful cocktail will make your taste buds sing w/ vodka, blue curacao & raspberry lemonade

french martini

15

for the lovers of simple sweetness w/ vodka, chambord & pineapple juice

passionito

15

a combination of citrus & sweet flavours for when you can't decide. passionfruit puree, white rum, lemonade & lime juice

bloody mary

15

fresh with a whole 'lotta kick w/ vodka, worcestershire sauce, tomato juice & tobasco

mimosa

15

when it might be just a little too early... 100% OJ & sparkling wine

3L cocktails to share

59

ask your waiter for today's special cocktail

SERVICE OF ALCOHOL WILL BE IN ACCORDANCE WITH THE NEW SOUTH WALES RSA LEGISLATION

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